

**Early Childhood Center**  
**Three Year-Old Extended Day Program**  
Lunch, Rest Time and Class  
12:00–2:30pm

*Please note: The curriculum changes from semester to semester*

**Little Explorers**

Explore the wonderful world of science, magic and fun! Meet “Mr. Air”, explode a volcano and participate in many creative hands-on experiments.

**Rhythm and Groove**

Music provides a fun and engaging medium for self-expression. Students will develop language, sensory, and rhythmic skills through listening to variety of music. We'll make instruments, try a dance step, sing along and paint to music. We go wherever the music moves us!

**Stories Come Alive...**

Does your child love books? Let us set the stage for your child's favorites. Exploring and celebrating stories new and old, using music, puppetry, cooking, art and gross motor activities.

**Construction Zone**

We will use conventional (wood) materials and not so conventional (found objects, food, tennis ball cans, CD cases, swim noodles, to name a few to learn the science and art of building... then actually build! Some buildings will be so big they will stay in school, others will come home.

**Sports Day**

Children will be introduced to a number of different sports throughout the year. They will learn the fundamentals of various sports like kickball, t-ball, volleyball, tennis, golf and football all while having fun playing these games. Each sport will be played for several weeks at a time. Each sport played will be suited for a three year old age level. Each class will begin with a warm up and obstacle course. Emphasis will be placed on good sportsmanship and specific skills rather than competition.

**1, 2, 3... Count With Me**

Math literacy is just as important as language literacy. Through games, puzzles, patterns and more we will immerse ourselves into the amazing world of math. The children will grasp the math skills and concepts of numeration, sequencing, patterns, geometry and logic.

**Step It Up**

Introducing children to different dances and exercises including Zumba, Hip Hop, Yoga and more. This class will continuously keep the children on their toes. Using bean bags, hula hoops and scarves; exercising and movement make this class so much fun.

**Cooking Creations – NUT FREE**

Children's literature related to eating and cooking provides a rich exposure to a variety of learning experiences including: Math (counting, measuring, fractions, etc.) Science Concepts (mixtures, heat, cold, etc.) and Different Cultures!!!

**Animals, Animals, Animals**

Using their 5 senses, children will learn how and where various animals live using scientific and literacy activities, with both live and pretend animals. We will play games, sing songs and create projects to learn about new and exciting animals of the earth. The focus is on fun, dramatic play, gross & fine motor skills and science

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**OPTION**

Monday (2:30 – 3:15 PM)

**HOORAY FOR HOOPS BASKETBALL CLASSES – offered to 3's and 4's**

*(Sign up directly with Nan Elmore from Happy Feet)*

This class begins right after the 2:30 dismissal.

Fred The Frog – our bright-green, high-bouncing, child-sized basketball -- lives in a swamp but just doesn't like to get wet! Children quickly learn to dribble the ball (& MANY more skills!) while helping Fred hop from lily pad to lily pad & zoom around the swamp! Great fundamental skill development, builds hand/eye coordination as well as gross motor skill growth along with our constant commitment to building effective communication among the children... all in a totally child-friendly & engaging setting! Please contact Nan Elmore @ [Nan@happysoccerfeet.com](mailto:Nan@happysoccerfeet.com) for registration or additional questions.

**OPTION**

Wednesday (2:30 – 3:15 PM)

**ARTISTREE BROADWAY CLASS – offered to 3's and 4's**

*(Sign up directly with Artistree)*

Artistree Performing Arts is once again excited to bring their Preschool Broadway Class to WRT. These classes turn the spotlight away from the teachers and now the children take the stage! Preschool Broadway is designed to be a child's first real introduction to performing and is equally perfect for those who are already singing and dancing all over the house as well as those who feel shy to get up in front of other people. Each week children are introduced to a different Broadway show through acting games, singing and dancing. The semester culminates with an in-class performance for family and friends! Please register online at [www.artistreearts.com/events/WRTPreschoolBroadway](http://www.artistreearts.com/events/WRTPreschoolBroadway) or contact Heather Capelle @ [heather@artistreearts.com](mailto:heather@artistreearts.com) for additional questions.

**OPTION**

Friday (12:00-12:45PM) or (2:30 – 3:15 PM)

**HAPPY FEET SOCCER CLASSES – offered to 3's and 4's**

*(Sign up directly with Nan Elmore from Happy Feet)*

Our special Happy Feet soccer classes continue. There is a class beginning right after the 12:00 dismissal. For those who join the Friday PM classes and don't want to miss Happy Feet, we offer a 2:30 session as well.

Every class is a wonderful, zany, action-packed adventure with Bob the Bobcat (our bright yellow smiley-faced soccer ball!) & his many antics! Children are introduced to the fundamental skills of soccer, positioned as totally age appropriate. The pace & games progress with the children's skills, and key skills mastered include Foundation Moves, Drag-Backs, Scissors, Step-Overs and more. As well, there are huge gains in balance, coordination, agility & overall fitness strength. We focus on the 'FUN

FACTOR' of playing a team sport plus an emphasis on building sportsmanship, responsibility, listening and good communication skills. Please contact Nan Elmore @ [Nan@happysoccerfeet.com](mailto:Nan@happysoccerfeet.com) for registration or additional questions.